

Questionnaire: Emotional Intelligence and Learning

Researchers: TiAn Vetter & Jason Dunbar	Date: Click here to enter text.
Respondent's Name: Click here to enter text.	Title: Click here to enter text.
Age: Click here to enter text.	Gender: Click here to enter text.

Informed Consent

Dear Colleague,

*I am conducting some action research on emotional intelligence in the workplace, as it relates to learning. This research is a requirement for one of the graduate courses in which I have enrolled. If you decide to participate in this study, you will be asked to answer the 12 questions stated below. This questionnaire will possibly take around 20 to 30 minutes. There are no right or wrong answers and your individual answers to the questions will not be identified as your name will not be used within any data or reporting. You may discontinue your participation in this study at any time without penalty. **If you consent, please fill out the questionnaire below and return it to me by the end of the business day on Tuesday, November 17th, 2015. Please respond to each question with detail and clarity.***

Thank you for your time,

Jason Dunbar and TiAn Vetter, University of Colorado - Denver

1. Reflect on a prior **negative** learning experience.
 - a. What stands out about this specific experience?
Click here to enter text.
 - b. During this experience, how did you feel?
Click here to enter text.
 - c. How do you think your emotional state of this experience impacted your learning?
Click here to enter text.
 - d. How much information did you retain from this specific learning experience?
Click here to enter text.
 - e. Why?
Click here to enter text.
 - f. Do you think your emotions during the experience affected how you learned?
Click here to enter text.

2. Reflect on a prior **positive** learning experience.
 - a. What stands out about this specific experience?
Click here to enter text.
 - b. During this experience, how did you feel?
Click here to enter text.
 - c. How do you think your emotional state of this experience impacted your learning?
Click here to enter text.
 - d. How much information did you retain from this specific learning experience?
Click here to enter text.
 - e. Why?
Click here to enter text.
 - f. Do you think your emotions during the experience affected how you learned?
Click here to enter text.
3. When you participate in a workplace learning event, what is your usual state of mind?
Click here to enter text.
4. Have you ever had a learning experience where the mood or attitude of others affected you and/or how you learned?
Click here to enter text.
5. Can you think of a learning experience when you were aware that your own mood was affecting how you or others were learning?
Click here to enter text.
6. What is your ideal learning environment and how do *you* contribute to that ideal?
Click here to enter text.
7. How do you feel about learning within groups?
Click here to enter text.
 - a. Tell me about a positive group learning experience.
Click here to enter text.
 - b. Tell me about a negative group learning experience.
Click here to enter text.

- 8.** Tell me about a time when you were overwhelmed in a learning environment.
Click here to enter text.
- a.** Why were you overwhelmed?
Click here to enter text.
 - b.** What did you do?
Click here to enter text.
- 9.** Tell me about a time you were distracted or preoccupied with something completely unrelated during a learning experience.
Click here to enter text.
- 10.** How well did you learn?
Click here to enter text.
- 11.** What could you have done to remain on track?
Click here to enter text.
- 12.** Do you have anything else to add or any questions for me about anything on this document?
Click here to enter text.

Thank you so much for your time! We sincerely do appreciate your participation. We'd like to reiterate that your name will not be used in any way and you can opt out of the research project at any time. Please remember, send this filled out questionnaire back to the researcher who sent it to you. Thank you!